



March 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4	5	6 Receive ashes and commit to a holy Lent	7 Read the Preface of <i>Making Room for God</i>	8 Take photos of rooms and closets for before/after comparisons	9 Clear a space for sorting
10 Go to church and enjoy a day of rest	11 Read Chapter 1	12 Set your intention Why are you decluttering?	13 Read Chapter 2	14 Sort toiletries and beauty supplies (see p. 18)	15 Reflect on your treasured memories and give thanks	16 Sort clothes and accessories (see pp. 17-18, 33-36)
17 Go to church and enjoy a day of rest	18 Read Chapter 3	19 Why do I buy things I don't need?	20 Sort craft and office supplies	21 What penance can help me curb my tendency to overbuy	22 Fast from all media today -- even social media	23 Sort books and toys (see pp. 50-51)
24 Go to church and enjoy a day of rest	25 Read Chapter 4	26 What near occasions lead me to overbuy?	27 Sort decorative items and knickknacks	28 Who or what can help me avoid near occasions?	29 Plan to receive the Sacrament of Penance	30 Sort paperwork and photos (see pp. 49- 50, 51-53)
31 Go to church and enjoy a day of rest						

Note: This calendar is just a suggestion. Sorting may take more time than you have on a weeknight. You can finish up on the following days, reflecting while you sort.